

for your health

# Understanding Musculoskeletal Injuries & Free Ultrasound Screening

with **Dr. Mohini Rawat**

**Join Dr. Mohini Rawat**, for an interactive workshop focused on understanding, preventing, and managing common musculoskeletal injuries. Learn how to recognize early signs of injury, improve joint and muscle health, and optimize movement for long-term wellness.

**Participants will also receive a FREE ultrasound screening**, offering personalized insights into their musculoskeletal health. This unique session combines education with ultrasound screening to help see what's happening beneath the surface to know your body better.

**Wednesday, January 21  
at 6:00PM**



Dr. Mohini Rawat is a board-certified specialist in Orthopaedics, Clinical Electrophysiology, and Musculoskeletal Sonography with over two decades of experience treating and preventing musculoskeletal injuries. As co-founder and president of the American Academy of Musculoskeletal Ultrasound, Dr. Rawat is a national leader in musculoskeletal imaging and education.

**GUESTS are WELCOME !**

**Pre-register  
here!**



SAW MILL CLUB  
• EAST •